

SWIMMING SCHEDULE September 18th 2023 – September 24th 2023

Centennial Pool - 1970 Gottingen St, Halifax, NS - T: (902) 490-7219

DAY	PUBLIC ADULT LANE SWIM	AQUACISE (S) = Shallow (D) = Deep 2-3 Lanes closed for each Aquacise class
MONDAY Sept 18	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC)	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (Maureen)
TUESDAY Sept 19	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC) 8:30pm - 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (Hugh) (D) 5:30pm – 6:30pm (Adele)
WEDNESDAY Sept 20	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC) 4:15pm – 5:30pm (SC) 3 Shallow Lanes 5:30pm – 7:30pm (SC) 4 Shallow Lanes	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (Nancy)
THURSDAY Sept 21	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC) 5:45pm – 7:30pm (SC) 4 Shallow Lanes 8:30pm – 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (Hugh)
FRIDAY Sept 22	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC) 6pm – 7pm (SC) 6 Shallow lanes	(S) 10:00am – 11:00am (Nancy) (S) 12:15pm – 1:00pm (Nancy)
SATURDAY Sept 23	5pm – 6:30pm (LC) All Gender Lane Swim 6:30-7:30pm (LC)	NO CLASS
SUNDAY Sept 24	11am – 12:30pm (SC) 12:30pm – 1:30pm (SC) 6 Deep Lanes 4:30pm – 6:30pm (SC) 4 Shallow Lanes	NO CLASS

(SC) = Short Course Lanes (LC) = Long Course Lanes