

WEEKLY POOL SCHEDULE May 6th – May 12th 2024

Centennial Pool - 1970 Gottingen St, Halifax, NS - T: (902) 490-7219

DAY	PUBLIC ADULT LANE SWIM	AQUACISE (S) = Shallow (D) = Deep 2-3 Lanes closed for each Aquacise class
MONDAY May 6	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC)	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (Maureen)
TUESDAY May 7	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC) 4:15pm – 5:15pm (SC) Deep Only 8:30pm - 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (Hugh) (D) 5:30pm – 6:30pm (Adele)
WEDNESDAY May 8	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC)	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (Nancy)
THURSDAY May 9	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC) 8:30pm – 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm No Instructor
FRIDAY May 10	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC)	(S) 10:00am – 11:00am (Nancy) (S) 12:15pm – 1:00pm (Nancy)
SATURDAY May 11	12:30pm – 2:30pm (SC) 5:00pm – 6:30pm (LC) 6:30 pm – 7:30 pm (LC) All Gender Swim	NO CLASS
SUNDAY May 12	11:00am – 2:30pm (SC) 4:30pm – 6:15pm (SC) Shallow Only	(D) 5:45pm – 6:30pm (Nancy)

(SC) = Short Course Lanes (LC) = Long Course Lanes