

# WEEKLY POOL SCHEDULE May 5th – May 11th 2025

Centennial Pool: 1970 Gottingen St, Halifax, NS - T: (902) 490-7219

DAY	PUBLIC ADULT LANE SWIM	AQUACISE (S) = Shallow (D) = Deep 2-3 Lanes closed for each Aquacise class
<b>MONDAY</b> May 5	7:45am – 2:00pm (SC) 3:30pm – 4:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (Maureen)
<b>TUESDAY</b> May 6	7:45am – 2:00pm (SC) 3:30pm – 5:00pm (SC) <b>Deep Lanes Only from 4:30pm -5:00pm</b> 8:30pm – 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (Nancy) (D) 5:30pm – 6:30pm (Adele)
<b>WEDNESDAY</b> May 7	7:45am – 2:00pm (SC) 3:30pm – 4:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (Nancy)
<b>THURSDAY</b> May 8	7:45am – 2:00pm (SC) 3:30pm – 4:30pm (SC) 8:30pm – 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (Hugh)
<b>FRIDAY</b> May 9	7:45am – 2:00pm (SC) 3:30pm – 4:30pm (SC)	(S) 10:00am – 11:00am (Nancy) (S) 12:15pm – 1:00pm (Nancy)
<b>SATURDAY</b> May 10	11:45am – 1:45pm (SC) <b>Shallow Lanes Only</b>	<b>NO CLASS</b>
<b>SUNDAY</b> May 11	11:00am – 12:30pm (SC) 12:30pm – 2:30pm (SC) <b>Deep Lanes Only</b> 3:00pm – 5:00pm (SC)	(D) 5:45pm -6:30pm (Hugh)

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(SC) = Short Course Lanes (LC) = Long Course Lane