

## WEEKLY POOL SCHEDULE March 17th – March 23rd 2025

Centennial Pool: 1970 Gottingen St, Halifax, NS - T: (902) 490-7219

DAY	PUBLIC ADULT LANE SWIM	AQUACISE (S) = Shallow (D) = Deep 2-3 Lanes closed for each Aquacise class
<b>MONDAY</b> March 17	7:45am – 2:00pm (SC) 3:30pm – 4:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (Maureen)
<b>TUESDAY</b> March 18	7:45am – 2:00pm (SC) 3:30pm – 5:00pm (SC) <b>Deep Lanes Only from 4:30pm -5:00pm</b> 8:30pm – 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (No Instructor) (D) 5:30pm – 6:30pm (Adele)
<b>WEDNESDAY</b> March 19	7:45am – 2:00pm (SC) 3:30pm – 4:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (Nancy)
<b>THURSDAY</b> March 20	7:45am – 2:00pm (SC) 3:30pm – 4:30pm (SC) 8:30pm – 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (No Instructor)
<b>FRIDAY</b> March 21	7:45am – 2:00pm (SC) 3:30pm – 4:30pm (SC)	(S) 10:00am – 11:00am (Nancy) (S) 12:15pm – 1:00pm (Nancy)
<b>SATURDAY</b> March 22	12:00pm – 2:30pm (SC) 5:30pm – 7:00pm (SC) <b>Shallow Lanes</b>	<b>NO CLASS</b>
<b>SUNDAY</b> March 23	5:30pm – 6:30pm (SC)	(D) 5:45pm – 6:30pm (Nancy)

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(SC) = Short Course Lanes (LC) = Long Course Lane