

WEEKLY POOL SCHEDULE March 9th – March 15th 2026

Centennial Pool: 1970 Gottingen St, Halifax, NS - T: (902) 490-7219

DAY	PUBLIC ADULT LANE SWIM *NOTE NEW LONG COURSE LANE SWIM	AQUACISE (S) = Shallow (D) = Deep 2-3 Lanes closed for each Aquacise class
MONDAY March 9	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC)	(S) 10:30am – 11:30am (Maureen) (S) 11:30am – 12:15pm (Maureen)
TUESDAY March 10	* 7:45am – 9:15am (LC) 9:30am – 2:00pm (SC) 3:30pm – 4:15pm (SC) 8:30pm – 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (Hugh) (D) 5:30pm – 6:30pm (Adele)
WEDNESDAY March 11	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC)	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (Nancy)
THURSDAY March 12	* 7:45am – 9:15am (LC) 9:30am – 2:00pm (SC) 3:30pm – 4:15pm (SC) 8:30pm – 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (No Instructor)
FRIDAY March 13	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC)	(S) 10:00am – 11:00am (Nancy) (S) 12:15pm – 1:00pm (Nancy)
SATURDAY March 14	12:30pm – 2:30pm (SC)	NO CLASS
SUNDAY March 15	NO PUBLIC SWIMMING	NO CLASS

Centennial Pool: 1970 Gottingen St, Halifax, NS - T: (902) 490-7219

(SC) = Short Course Lanes (LC) = Long Course Lanes