

WEEKLY POOL SCHEDULE January 29th – February 4th 2024

Centennial Pool - 1970 Gottingen St, Halifax, NS - T: (902) 490-7219

DAY	PUBLIC ADULT LANE SWIM	AQUACISE (S) = Shallow (D) = Deep 2-3 Lanes closed for each Aquacise class
MONDAY Jan 29	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC)	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (Maureen)
TUESDAY Jan 30	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC) 4:15pm – 5:15pm (SC) Deep Only 8:30pm - 9:30pm (SC) Lane 6 (deep) closed from 11:00am-12:00pm	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (Hugh) (D) 5:30pm – 6:30pm (Adele)
WEDNESDAY Jan 31	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC)	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (Nancy)
THURSDAY Feb 1	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC) 8:30pm – 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (Hugh)
FRIDAY Feb 2	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC) CANCELLED	(S) 10:00am – 11:00am (Nancy) (S) 12:15pm – 1:00pm (Nancy)
SATURDAY Feb 3	No Public Swimming	No Class
SUNDAY Feb 4	4:30pm – 6:15pm (SC) Shallow Only	(D) 5:45pm – 6:30pm (Hugh)

(SC) = Short Course Lanes (LC) = Long Course Lanes