

# WEEKLY POOL SCHEDULE April 29th – May 5th 2024

Centennial Pool - 1970 Gottingen St, Halifax, NS - T: (902) 490-7219

DAY	PUBLIC ADULT LANE SWIM	AQUACISE (S) = Shallow (D) = Deep 2-3 Lanes closed for each Aquacise class
<b>MONDAY</b> Apr 29	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC)	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (Maureen)
<b>TUESDAY</b> Apr 30	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC) 4:15pm – 5:15pm (SC) <b>Deep Only</b> 8:30pm - 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (Hugh) (D) 5:30pm – 6:30pm (Adele)
<b>WEDNESDAY</b> May 1	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC)	(S) 10:00am – 11:00am (Maureen) (S) 12:15pm – 1:00pm (Nancy)
<b>THURSDAY</b> May 2	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC) 8:30pm – 9:30pm (SC)	(S) 10:00am – 11:00am (Maureen) (D) 12:15pm – 1:00pm (Hugh)
<b>FRIDAY</b> May 3	7:45am – 2:00pm (SC) 3:30pm – 4:15pm (SC)	(S) 10:00am – 11:00am (Nancy) (S) 12:15pm – 1:00pm (Nancy)
<b>SATURDAY</b> May 4	12:30pm – 2:30pm (SC) 5:00pm – 6:30pm (LC) 6:30 pm – 7:30 pm (LC) <b>All Gender Swim</b>	NO CLASS
<b>SUNDAY</b> May 5	11:00am – 1:00pm (SC) 4:30pm – 6:15pm (SC) <b>Shallow Only</b>	(D) 5:45pm – 6:30pm (Hugh)

(SC) = Short Course Lanes (LC) = Long Course Lanes