

October 2015

The following is a weekly look at what our general afternoon lane availability will be for the month of October. Our availabilities are generally the same for every day of the week. For example, all Monday schedules look the same, all Tuesdays look the same, and so on. This is a general guide for patrons and we cannot guarantee it will be accurate all the time. Colour coding matches the website's Swim Schedule for easy referencing.

The website will always have the most up to date information and we encourage you to call or send us an email if you have any questions.

D = Deep end **S** = Shallow End **S&D** = Shallow & Deep Ends

Lane Swim
Aquacize
Pool Closure / No lanes
Open Swim
Women's Only

SUNDAYS	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
<p>Lane swim from 12:30—8:00pm</p> <p>12:30—1:30pm - Minimum 6 (S&D)</p> <p>1:30—3:00pm - Minimum 1 lane</p> <p>3:00—4:00pm - Minimum 4 (S&D)</p> <p>4:00—5:30pm - Minimum 8 (S&D)</p> <p>Aquacize 5:45—6:30pm</p> <p>5:30—6:30pm - Minimum 5 (S&D)</p> <p>6:30—8:00pm - Minimum 1 (S)</p>	<p>Aquacize 10:00—11:00am</p> <p>Aquacize 12:15—1:00pm</p> <p>Pool closed 2:00—3:30pm</p> <p>Lane swim from 3:30—8:00pm</p> <p>3:30—4:30pm - All lanes available</p> <p>4:30—6:00pm - Minimum 1 (D)</p> <p>6:00—6:30pm - Minimum 9 (S&D)</p> <p>6:30—8:00pm - Minimum 2 (S)</p>	<p>Aquacize 10:00—11:00am</p> <p>Aquacize 12:15—1:00pm</p> <p>Pool closed 2:00—3:30pm</p> <p>Lane swim from 3:30—9:30pm</p> <p>3:30—4:30pm - All lanes available</p> <p>3:30—5:30pm - Minimum 1 (D)</p> <p>Aquacize 5:30—6:30pm</p> <p>6:30—7:30pm - Minimum 1 (S)</p> <p>No lane swim: 7:30—8:30pm</p> <p>8:30—9:30pm - All lanes available</p>	<p>Aquacize 10:00—11:00am</p> <p>Aquacize 12:15—1:00pm</p> <p>Pool closed 2:00—3:30pm</p> <p>Lane swim from 3:30—8:00pm</p> <p>3:30—4:30pm - All lanes available</p> <p>4:30—6:30pm - Minimum 1 (D)</p> <p>6:15—7:00pm - Minimum 3 (S)</p> <p>No lane swim: 7:00—7:30pm</p> <p>7:30—8:00pm - Minimum 2 (S)</p>	<p>Aquacize 10:00—11:00am</p> <p>Aquacize 12:15—1:00pm</p> <p>Pool closed 2:00—3:30pm</p> <p>Lane swim from 3:30—9:30pm</p> <p>3:30—4:30pm - All lanes available</p> <p>4:30—5:30pm - Minimum 1 (S)</p> <p>No lane swim: 5:30—6:00pm</p> <p>6:00—6:30pm - Minimum 1 (S)</p> <p>No lane swim: 6:30—8:30pm</p> <p>8:30—9:30pm - All lanes available</p>	<p>Aquacize 10:00—11:00am</p> <p>Aquacize 12:15—1:00pm</p> <p>Pool closed 2:00—3:30pm</p> <p>Lane swim from 3:30—9:00pm</p> <p>3:30—4:30pm - All lanes available</p> <p>No lane swim: 4:30—6:00pm</p> <p>6:00—6:30pm - Minimum 7 (S&D)</p> <p>No lane swim: 6:30—8:00pm</p> <p>8:00—9:00pm - All lanes available</p>	<p>Aquacize 9:00—9:45am</p> <p>Lane Swim from 11:30—1:30pm Minimum 6 lanes</p> <p>Open Swim! 1:45—3:15pm</p> <p>Lane Swim from 3:30—6:30pm Minimum 6 lanes available at all times (S&D)</p> <p>Aquacize 5:00—6:00pm</p> <p>Women's Only 6:45—7:45pm</p>

OPEN SWIM

Saturdays from 1:45pm to 3:15pm.

Jump off of our 3M and 5M dive towers!

Children under the age of 12 must be accompanied by an adult.

AQUACIZE

Our Aquacize program is a great way to keep fit with low impact! Our instructors lead classes that are high energy and suitable for all ages and skill levels. There is no need to sign up. Classes are in the Shallow End unless specified as a **Deep End** class.

MON: 10:00-11:00am 12:15-1:00pm

Maureen Paulina

TUE: 10:00-11:00am 12:15-1:00pm 5:30-6:30pm

Maureen Maureen Hugh

WED: 10:00-11:00am 12:15-1:00pm

Maureen Nancy

THU: 10:00-11:00am 12:15-1:00pm

Nancy Maureen

FRI: 10:00-11:00am 12:15-1:00pm

Nancy Paulina

SAT: 9:00-9:45am 5:00-6:00pm

Nancy Hugh

SUN: 5:45-6:30pm

Paulina

WOMEN'S ONLY SWIM

Saturdays from 6:45pm to 7:45pm.

The entire facility is reserved for women only.

PARENT AND TOT SWIM

Monday through Friday from 10:00am to 11:00am.

We offer a one hour time block each weekday for parents to bring their infant or toddler swimming (up to three years old). This is a fantastic opportunity to introduce youngsters to the water!

BIRTHDAY PARTIES

Celebrate your child's birthday at Centennial Pool! Our package includes one hour of pool time and one hour of our Birthday Room. Birthday parties are booked during our Open Swim times only. There is a maximum of 20 people allowed for any party. **\$69**

Photos are permitted in the Birthday Room only. There is a strict no photography or video policy on our Pool Deck.

PLEASE VISIT OUR WEBSITE OR CONTACT THE FRONT DESK FOR INFORMATION REGARDING CANCELLATIONS AND CLOSURES.

RATES

THERE ARE NO REFUNDS ON PUNCH-PASS OR MEMBERSHIP PURCHASES! LOST OR STOLEN ITEMS ARE NOT THE RESPONSIBILITY OF CENTENNIAL POOL.

SINGLE VISIT

Tot (2-5 yrs)	\$2
Youth (5-17 yrs)	\$3
Student (Full-time, with ID)	\$3
Adult (18+)	\$4
Senior (55+)	\$2

A VALID ID IS REQUIRED AT TIME OF PURCHASE IN ORDER TO RECEIVE A STUDENT OR SENIOR RATE ON A MEMBERSHIP OR PUNCH PASS.

10 PUNCH PASSES

Student (Full-time, with ID)	\$27
Adult (18+)	\$36
Senior (55+)	\$18

MEMBERSHIPS

	3 Month	6 Month	12 Month
Student (Full-time, with ID)	\$75	\$115	\$185
Adult (18+)	\$100	\$150	\$250
Senior (55+)	\$50	\$75	\$125

ALL PRICES LISTED INCLUDE HST

REGARDING PARKING

While parking is often available for our pool users it is not guaranteed! When parking your vehicle in our lot please remember to register your *correct* license plate number at our Front Desk. Unauthorized vehicles will be immobilized at the cost of the driver.



OCTOBER 2015

RATES & SCHEDULE

CENTENNIAL POOL

1970 Gottingen Street
Halifax, NS.

T: (902) 490-7219

F: (902) 490-4637

info@centennialpool.ca



/CentennialPoolHFX



@CentennialHFX

